

## Curriculum Map - Year 1

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses. OAA will be covered through Zenith leisure - 1 lesson every half term.

Year 1	Autumn Term			Spring Term			Summer Term		
	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
1 <sup>st</sup> half term	<b>Games</b>  Core task 1 - Throw a bean bag into the hoop.	Underarm throw.  Accurate throw to a target.  Defending a target.  Catching a bean bag or ball.	Able to throw object to a target.  Able to move to defend an oncoming object.  Use basic rules and ways to score.  Describe how their body feels during exercise.	<b>Dance</b>  Core task 1 - Make your own dance.  Matalan card 1 - Laugh a minute.	Start and Finish.  Different shapes.  Gestures.  Travelling.  Working with a partner or group	Remember and repeat simple dance phrases.  Respond to stimuli and musical accompaniment.  Begin to work with a partner.	<b>Games</b>  No core task.  LCP Games Unit 1	Rolling, throwing underarm bouncing, kicking (to include dribbling), stopping, trapping or catching a moving ball.  Defending a goal or area.	Throwing and catching accurately.  Kicking and stopping a ball.  Bouncing a ball - static and moving.  Able to defend an area, goal or target.
2 <sup>nd</sup> Half Term	<b>Gymnastics</b>  Core task 1 - Make a short movement phrase.	Travelling Shapes Rolls Balance, coordination and agility	Copy and repeat Perform movements with some control and coordination when travelling and remaining still.  Find and use space safely.	<b>SAQ</b>  No core task.	Side steps, stopping and starting.  Work in different directions.  High knees, head up, strong arm action - hip to lip, opposite arm to foot.	Using balls of feet and high knee lift whilst walking and running.  Use the correct arm action in coordination with legs (hip to lip, opposite arm to foot).  Able to side step using the correct technique between spots.	<b>Athletics</b>  Core task 1 & 2 1. Move bean bags from hoop to hoop. 2. How many cones can you touch in the time?	Different ways of travelling Walking, running, hopping, skipping, jumping.	Able to use different methods of travelling, walking, running, hopping, skipping and jumping.