

Curriculum Map - Year 3

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses. OAA will be covered through Zenith leisure - 1 lesson every half term.

Year 3	Autumn Term			Spring Term			Summer Term		
	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
1 st half term	Invasion (Football) (Core task - Invasion Activity 2 - Score in your goal)	Moving with the ball (dribbling) Attacking and defending Social skills	Controlling the ball. Attacking and defending with accuracy e.g. listening, teamwork, support.	Multi skills for fun fit festival (SAQ) (Use the event pack)	Agility, Balance and Coordination	Personal best and challenging themselves.	Athletics (Core task - Athletics Activity 6 - Try different ways of running, jumping and throwing)	To use different throwing techniques Jumping and running	To use a sling throw, push throw, underarm and over arm throw.
	Gymnastics (Core task - Gymnastics - Activity 6 Perform a sequence at different speeds)	Travelling and balancing	Balance on 4, 3, 2 and 1 body parts and then develop into a sequence.	Net/wall (Core task - Net/wall- Combine Activity 2 Activity 3)	Hitting a ball	Show the ready position. Use forehand shot to bat the ball accurately.	Strike/Field Rounders (Core task -Strike/ field - Activity 2 - Hit the ball run until the ball returned)	Striking the ball Retrieving and sending a ball.	Striking the ball into a space. Fielders retrieve a ball and send accurately using different throwing techniques.

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2 nd half term	Dance (Core task - Dance Activity 3 - Make a dance that looks like machinery. Also the Matalan card 7 Machinery).	Coordination Creativity And Imagination	To use variety of levels and speeds. To use different parts of the body. To develop own ideas.	Dance (Matalan card 15 - Bollywood)	Different methods of travelling and use of pathways Social skills	Use of heels, turns, step slides. Range of pathways - forwards, backwards, diagonal Respect of another culture and others ideas	Athletics (Core task - Athletics - Activity 7 - Run in a relay team)	Develop running skills including passing a baton.	Choosing and sustaining an appropriate running pace. Show good running technique e.g. arms by side, head still, knees high and on toes.
	Gymnastics (Core task Gymnastics - Activity 7 - Perform a sequence with 6 elements)	Travelling and balancing Personal safety	Able to travel and balance on different body parts with tension. To create a sequence of 6 elements including: balancing, shapes , travelling.	Invasion (Core task - Invasion- Activity 3 - Score from inside the end zone)	Attacking skills with the aim to score a goal.	To use a range of techniques to pass the ball. Move into positions to receive a ball. Move to intercept the ball.	Skipping (In preparation for the competition in July - see event pack)	Coordination Travelling and balancing	To be able to maintain skipping for 2 minutes. To develop stamina.