

Curriculum Map - Year 5

Support materials are in red font. Where indicated please start with core task, use this to assess where the children are. Then carry out a series of lessons which are focused at achieving the learning and assessment focuses. OAA will be covered through Zenith leisure - 1 lesson every half term.

Year 5	Autumn Term			Spring Term			Summer Term		
	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus	Unit	Learning focus	Assessment focus
1 st half term	Invasion - Hockey (Core task - Activity 8 Score a goal from inside the shooting area)	Sending and receiving. Fair play Spatial awareness	Passing and shooting with control, fluency and accuracy Working well as a team. Being aware of spacing.	Dance (Matalan card 11 Streetwise and use YouTube videos of Diversity and how to street dance)	Collaborate, communicate and negotiate. Creativity. Teamwork	To react to a stimulus. To use the dance terms meeting, parting, unison and canon. To produce group dance and perform to audience.	Strike/ Field Rounders (Core task - Strike/ field -Activity 4 - Hit the ball and run between the wickets)	Striking the ball Retrieving and sending a ball.	Striking the ball into a space. Fielders retrieve a ball and send accurately using different throwing techniques. Running fluently
	SAQ/Fitness (Use the support packs)	Agility, balance and coordination Self and Peer evaluation	Quickness of feet. Effective use of equipment Improved levels of fitness Observe and provide constructive feedback.	Invasion - Netball (Festival) (No core task - Use High 5 netball scheme)	Throwing, catching and footwork. Teamwork	Throwing and catching the ball with control. Using accurate footwork techniques.	Gymnastics (Core task gymnastics - Activity 9 - Perform a sequence with 8 elements)	Balance, control and strength. Importance of warm up and cool down.	Adapting to working with a partner when using apparatus. Compose a sequence with changes of levels and direction. Include symmetrical, asymmetrical, rolls, balances and jumps.

2 nd half term	Dance (Core task - Dance - Activity 7 - make a dance with ideas from a video. Use Matalan card 13 - 1960s)	Collaborate, communicate and negotiate. Creativity. Teamwork	To react to a stimulus. To understand and use the dance terms meeting, parting, unison and canon.	Net/Wall Volleyball (Use the scheme of work towards the festival)	Sending and receiving Set own targets Determination	To be able to volley a ball to a target and over a barrier. Develop three touch volleyball game.	Invasion - Rugby for festival (No core task - Use tag rugby scheme)	Throwing and catching. Teamwork	Passing, catching and carrying the ball with control, fluency and accuracy. Using the width of the pitch effectively. Working well as a team and supporting each other.
	Gymnastics (Core task Gymnastics - Activity 9 Perform a sequence with 8 elements WORK WITH A PARTNER)	Balance, control and strength. Importance of warm up and cool down.	Composing a sequence with changes of levels, speed and direction. Performing a range balances, rolls and shapes to include mirroring and matching. Use large apparatus.	Net/Wall Badminton (repeated from Year 4 check for progress) (Core task - Net/wall Activity 7 - Score points by the ball landing on opposite side of court)	Controlling and sending the ball Decision making	Use forehand and backhand consistently getting the ball near the targets. Playing the wall away from their opponent.	Athletics (Core task - Athletics - Activity 9 and 10 How far and high can you jump and throw).	Jumping and throwing. Measure and time	Use a variety of throwing techniques. Develop a standing broad jump and standing triple jump. Develop running techniques: sprint, distance.