

## EYFS curriculum planning for Moving and Handling

<b>Nursery 1-</b> repeated due to staggered intake throughout N1 & September N2	<b>Nursery 2</b>	<b>Reception</b>
<p><b><u>Throughout N1</u></b>  <b><u>We will teach and support the children to</u></b></p> <ul style="list-style-type: none"> <li>• Use and develop a pincer grip (30-36)</li> <li>• Use a range of one and two-handed tools through play dough &amp; creative area</li> <li>• Move from a palm or fist grip towards a grip using fingers and thumb by being shown by an adult (46-54)</li> <li>• Make pre-writing shapes with gross motor movements through squiggle while you wiggle with dance scarves, outdoor chalks and brushes (46-54)</li> <li>• Develop fine motor strength and dexterity through dough disco, funky fingers, finger rhymes, small construction area, play dough</li> <li>• Develop gross motor skills by climbing, building with crates collection, action songs</li> <li>• Develop throwing, catching and aiming skills using the games collection (37-45)</li> <li>• Build core strength flexi, balance and flexibility through yoga</li> <li>• Use a knife to cut and fork to pick up food (46-54)</li> <li>• Develop their fine motor skills at home by sending home the Fine Motor Skills home bags</li> </ul>	<p><b><u>Autumn term</u></b>  <b><u>We will teach and support the children to</u></b></p> <ul style="list-style-type: none"> <li>• Use and develop a pincer grip (30-36- Summer born N2)</li> <li>• Move from a palm or fist grip towards a grip using fingers and thumb (46-54)</li> <li>• Use a range of one and two-handed tools through play dough &amp; creative area, sand, water, home area</li> <li>• Make pre-writing shapes with gross motor movements through squiggle while you wiggle with dance scarves, pens, outdoor chalks and brushes (46-54)</li> <li>• Write precursive letter shapes from their name if appropriate (46-54)</li> <li>• Develop fine motor strength and dexterity through dough disco, funky fingers, finger rhymes</li> <li>• Develop gross motor skills by climbing, building with crates collection, action songs, using the parachute</li> <li>• Develop throwing, catching and aiming skills using the games collection in outdoor continuous provision (37-45)</li> <li>• Build core strength, balance and flexibility through adult-led yoga</li> <li>• Develop a range of movement skills through adult-led activities when appropriate such as Healthy Movers program (37-45)</li> <li>• Use a knife to cut and fork to pick up food (46-54)</li> <li>• Develop their fine motor skills at home by sending home the Fine Motor Skills home bags- for newer starters</li> </ul>	<p><b><u>Autumn term</u></b>  <b><u>We will teach and support the children to</u></b></p> <ul style="list-style-type: none"> <li>• Develop fine motor strength and dexterity through dough disco, funky fingers as part of pre-writing skills</li> <li>• Develop gross motor skills by using climbing frame, building with crates collection, access to field at Lunch times</li> <li>• Throw and catch a ball by themselves and with a partner, aim at an object using the games collection in outdoor continuous provision (55-62)</li> <li>• Develop fundamental movement skills in an adult-led PE session once a week (55-62)</li> <li>• Use one handed tools and equipment such a scissors, glue spreaders (46-54)</li> <li>• Use scissors to cut along a line (55-62)</li> <li>• Hold a pencil between thumb and two fingers with a preferred hand (46-54)</li> <li>• Begin to use anti-clockwise movement and retrace vertical lines with a pen (46-54)</li> <li>• Begin to form recognisable letters using pre-cursive script as part of the RWInc program</li> <li>• Use simple tools to effect changes to materials in dough, creative area, snack preparation</li> <li>• Use with increasing skill a knife to cut and fork together to cut and pick up food (46-54)</li> </ul>

### Spring term

#### We will teach and support the children to

- Move from a palm or fist grip towards a grip using fingers and thumb (46-54)
- Use a range of one and two-handed tools through play dough & creative area, sand, mark making, water, home area
- Make pre-writing shapes with gross motor movements through squiggle while you wiggle with dance scarves, pens, outdoor chalks and brushes (46-54)
- Write precursive letter shapes from their name if appropriate (46-54)
- Begin to make vertical retrace and anti-clockwise movements with mark making tools in two then one hand
- Develop fine motor strength and dexterity through dough disco, funky fingers, finger rhymes
- Develop gross motor skills by climbing, building with crates collection, action songs, using the parachute
- Develop throwing, catching and aiming skills using the games collection in outdoor continuous provision (37-45)
- Build core strength, balance and flexibility through adult-led yoga
- Develop a range of movement skills through adult-led activities once a week such as Healthy Movers program (37-45)
- Begin to use a knife and fork in conjunction to cut and pick up food (46-54)
- Develop their fine motor skills at home by sending home the Fine Motor Skills home bags and Dough Disco home bags

### Spring term

#### We will teach and support the children to

- Throw and catch a ball by themselves and with a partner, bounce a ball, throw or roll a ball at an object, using the games collection in outdoor continuous provision (55-62)
- Develop spatial awareness skills in an adult-led PE session once a week (55-62, ELG)
- Experiment with different ways of moving through the medium of dance (55-62)
- Use one handed tools and equipment such as scissors, glue spreaders (46-54)
- Use scissors to cut along a line continuously (55-62)
- Hold a pencil between thumb and two fingers with a preferred hand (46-54)
- Form recognisable letters using pre-cursive script with increasing control (63-70)
- Use simple tools to effect changes to materials in dough, creative area, snack preparation (55-62)
- Handle tools, objects, construction materials safely and with increasing control (55-62)
- Use with increasing skill a knife to cut and fork together to cut and pick up food (46-54)

## Summer term

### We will teach and support the children to

- Move from a palm or fist grip towards a grip using fingers and thumb (46-54)
- Use a range of one and two-handed tools through play dough & creative area, sand, mark making, home area (46-54)
- Make pre-writing shapes with gross motor movements through squiggle while you wiggle with dance scarves, pens, outdoor chalks and brushes (46-54)
- Write precursive letter shapes from their name if appropriate (46-54)
- Begin to make vertical retrace and anti-clockwise movements with mark making tools in one hand
- Develop fine motor strength and dexterity through dough disco, funky fingers, finger rhymes
- Develop gross motor skills by climbing, building with crates collection, action songs, using the parachute, outdoor and indoor water collection
- Develop throwing, catching and aiming skills using the games collection in outdoor continuous provision and adult-led activities (37-45)
- Build core strength, balance and flexibility through adult-led yoga
- Develop a range of movement skills through adult-led activities once a week such as Healthy Movers program (37-45)
- Use with increasing skill a knife to cut and fork together to cut and pick up food (46-54)
- Develop their fine motor skills at home by sending home the Fine Motor Skills home bags and Dough Disco home bags
- Use scissors to snip into paper

## Summer term

### We will teach and support the children to:

- Hold a pencil effectively and form recognisable letters correctly (ELG)
- Glue and stick effectively (63-70)
- Use scissors to cut on a line continuously and around simple shapes (ELG)
- Handle tools and equipment effectively, including pencils for writing and drawing (ELG)
- To move confidently in a range of ways - creating a series of movements over a series of levels, using space safely (ELG)
- Kick a ball at an object, use a bat to hit a ball (ELG)