










WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	 Macaroni cheese	Pork sausage with creamy mash potato & gravy	Roast beef with Yorkshire puddings, roast potatoes & gravy	Spaghetti Bolognese	Crispy fish fingers with chunky chips
Vegetarian Main dish	 Vegetarian korma with 50/50 rice	 Tomato & roasted vegetable pasta	 Quorn™ fillet with roast potatoes & gravy	 Potato & cauliflower curry with rice	Vegetarian burger with chunky chips
Accompaniments	Cauliflower & broccoli Salad bar	Peas & carrots Salad bar	Green beans & cabbage Salad bar	Sweetcorn & broccoli Salad bar	Peas & baked beans Salad bar
Desserts	 Flapjack	 Chocolate & pear sponge with custard	 Oaty apple squares	Chocolate & orange cookie	Strawberry mousse
Fresh fruit or yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

